

Government College Sainj, Kullu, HP

Best Practices (2024-2025)

1] Threads of Kindness

Workshop on Knitting, Tailoring and Embroidery: A Skill Training and Community Service Initiative

The Practice

The Women's Cell organised a 12 day workshop in stitching, embroidery and knitting to provide rural-background students with practical vocational skills alongside value-based learning. The programme was designed to blend skill development with community service, fostering empathy, confidence and social awareness. It was decided beforehand that all finished items would be donated to Sahara Old Age Home, Kalath, Manali, and beneficiary details were collected in advance.

Objectives:

- i. To provide hands-on training in stitching, embroidery and knitting.
- ii. To equip students with vocational skills for self-employment and livelihood enhancement.
- iii. To instil social responsibility and compassion among students.
- iv. To encourage meaningful engagement with the elderly through community service.
- v. To sensitise rural and semi-rural students to the needs of vulnerable groups, especially residents of old-age homes.
- vi. To integrate women's welfare and health awareness activities within campus initiatives.

Resource Persons:

1. **Stitching:** Smt. Dev Sena
2. **Embroidery:** Kumari Kamla
3. **Knitting:** Dr. Kavita Katoch

Items Prepared:

- 05 Ladies' woollen suits
- 22 Embroidered handkerchiefs
- 19 Knitted mufflers

- 05 Wollen Socks
- Vegetables and Fruits

After completion and washing of items, a visit to Sahara Old Age Home was organised on 1 January 2025. Under the leadership of Dr. Kavita, students interacted with the elderly residents and distributed all handmade products.

Evidence of Success

- 45 students acquired practical vocational skills.
- Elderly residents expressed sincere appreciation for the effort and interaction.
- Students reported improved confidence, empathy and willingness to serve the community.
- The Women's Cell strengthened its visibility, outreach and social impact.

BEST PRACTICE – II

Financial Literacy Initiative

To promote financial awareness and empower students with essential financial skills, Government College Sainj has adopted Financial Literacy as one of its Best Practices. The college organized the following three initiatives to achieve this objective:

Objectives of the Practice

- To enhance financial awareness among students.
- To promote responsible financial behaviour, savings habits and digital banking literacy.
- To prepare students for entry-level financial sector certifications.
- To provide practical exposure to real-time tax filing procedures.

The Practice

a) SEBI Investor Certification and Skill Development Programme

Organised in collaboration with Krisha Foundation, Mumbai, appointed by BSE Ltd. (Bombay Stock Exchange) for implementing financial literacy programmes across North India.

Students undertook Level 1: SEBI Investor Certification, gaining foundational knowledge of financial markets, investor rights and capital market functioning.

b) Guest Lecture on Financial Literacy

A lecture by Sh. Rajat Gupta, Bank Manager, was held on 25 October 2024.

Students were oriented on bank account management, saving practices, digital banking

tools and financial responsibility.

Outcome: 11 students opened new SBI bank accounts.

Evidence of Success

- **51 students** appeared for the SEBI Investor Certification Examination.
- **11 SBI bank accounts** were opened by students; documentary proof attached.
- Students successfully learned and practiced the complete ITR filing process.
- The initiative strengthened confidence in digital financial platforms.

Problems Encountered and Resources Required

- Limited digital bandwidth during the real-time ITR workshop.
- Need for additional computers to facilitate hands-on financial training.
- Sustained funding required for higher-level financial certifications.



Govt. College Sainj (H.P.) College Activity



Sr. No.	Particular	Remarks
1	Date	1 st January 2025
2	Name of Activity	Threads of Kindness: a Workshop on Knitting, Tailoring and Embroidery
3	Name of Department Organizing the Activity	Women cell and Sexual Harassment Cell
4	Name of Collaborating Agency (If Any)	Community Service Cell
5	No. of Student /Participants	25
6	No. of Teacher Participants	02
7	Brief Report	 <p style="text-align: center;">Sainj, Himachal Pradesh, India Q8c6+82h, Sainj Rd, Sainj, Ralla, Himachal Pradesh 175121, India Lat 31.770683° Long 77.30752° 30/12/24 01:22 PM GMT +05:30</p>  <p style="text-align: center;">Shallin, Himachal Pradesh, India 58rh-629 Foot Over Bridge, Shallin, Himachal Pradesh 175143, India Lat 32.19024° Long 77.190163°</p> 


Organizer



Principal
Govt. College Sainj (H.P.)



Govt. College Sainj (H.P.)
College Activity



Sr. No.	Particular	Remarks
1	Date / दिनांक	19.10.2024
2	Name of Activity/	Income Tax Return Filing
3	Name of Unit/Agency/Department Organizing the Activity	Department of Commerce
4	Name of Collaborating Agency (If Any)	Department of Economics
5	No. of Student Participants	51
6	No. of Teacher Participants	05
7	Brief Report साक्षित प्रदिवेिन	 <p>Department of Commerce in collaboration with Department of Economics organized a one-day workshop on “Income Tax Return Filing”. Shri Govind Ram Saini, Retd. Associate Professor, GC Sainj was the keynote speaker. The students were informed about the meaning of Income Tax and how to file income tax return. It was a useful session as students learned a lot.</p>

Organizer
Dr. Vandana Arya
Department of Commerce
Government Degree College Sainj,

Principal
Government Degree College Sainj,
Himachal Pradesh

Govt. College Sainj, Kullu (175134)

Name of the Activity/ Event:

Income Tax Return filing

Date:

19-10-2024

Student Participants' Attendance Performance

Sr. No.	Name	Roll No.	Class	Signature
1	Narayan	20241300204001		Narayan
2	Radhika	20241300204002		Radhika
3	Subhash Kumar	20241300204009		Subhash
4	Vivek Kumar	20241300201005		Vivek
5	Bhawini Devi	20241300201009		Bhawini
6	Riya Devi	20241300201042		Riya
7	Aparika	2024130010056		Aparika
8	Rintu	20241300701063		Rintu
9	Geeta Devi	202301300201011		Geeta
10	Ritika	202301300201028		Ritika
11	Pooja Thakur	2023013001023		Pooja Thakur
12	Gopal	202301300904002		Gopal
13	Dalma Devi	202413002040050		Dalma Devi
14	Bhima	202301300204001	B.A 2 nd Year	Bhima
15	Manju	202301300201051	B.A 2 nd Year	Manju
16	Anita	202301300201052	BA 2 nd Year	Anita
17	Urmila	202301300201040	B.A 2 nd Year	Urmila
18	SURAJ	202301300201038	BA 2 nd year	Suraj/Kharadi
19	Pratyaksham	202301300201086	"	Pratyaksham
20	Bhima Devi	202301300201048	"	Bhima Devi
21	Nitaj Kumar	202301300201021	"	Nitaj Kumar
22	Hemlata	202301300201050	"	Hemlata
23	Thakur Das	202301300201056	"	Thakur Das
24	Yashveer Singh	202301300201044	11	Yashveer Singh
25	Sakshi Thakur	202301300201039		Sakshi
26	Manjey	20243012002010052	11	Manjey

Organiser
Dr. Vandana

Principal
Govt. Degree College
Sainj, Kullu (H.P.)
Principal
GC Sainj

Sr. No.	Name	Roll No.	Class
27	Indu Chauhan	202413002010008	
28	Seema Devi	202413002010020	
29	Hem Lata	202413002010006	
30	Sapna	202413002010019	
31	Ritan	202413002010017	
32	Poema	202413002010015	
33	Alitish Thakur	202413002010012	
34	Kashish Dham	202413002010011	
35	Anita Devi	202413002010001	
36	Simran Thakur	202413002010013	
37	Subhash	202413002010022	
38	Chandni	202413002010031	
39	Varun	202413002010038	
40	Saurav Rana	202413002010037	
41	Parnati Devi	202301300201022	
42	Pooja Devi	202301300201062	
43	Ankush Kumar	202413002020035	
44	Rashmi Jais	202413002010036	
45	Kanta	202413002010009	
46	Bintu	202412007010163	
47	Tara Devi	202413002010024	
48	Arushi Bhardi	202413002010002	
49	Vinod Kumar	202413002010026	
50	Chandavati	202413002010004	
51	Dabe Ram	202301300201049	
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Indu

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Ritan

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Alitish

Kashish

Anita

Simran

Subhash

Varun

Saurav Rana

Parnati Devi

Pooja

Ankush

Rashmi Jais

Kanta

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Bintu

Tara Devi

Arushi

Vinod

Chandavati

Dabe Ram

Organiser
Dr. Vandana

Principal
Gc Sainy



Govt. College Sainj (H.P.)
College Activity



Sr. No.	Particular	Remarks
1	Date / दिनांक	25.10.2024
2	Name of Activity/	Financial Literacy
3	Name of Unit/Agency/Department Organizing the Activity	Department of Commerce
4	Name of Collaborating Agency (If Any)	Department of Economics Department of Political Science
5	No. of Student Participants	45
6	No. of Teacher Participants	05
7	Brief Report साक्षित प्रदिवेिन	 <p>Department of Commerce in collaboration with Department of Economics and Department of Political Science organized a one-day workshop on “Financial Literacy”. Shri Rajat Gupta, Bank Manager, SBI, sainj was the keynote speaker. The students were informed about the importance of Savings and Investment. It was a useful session as students learned a lot.</p>

Organizer

Dr. Vandana Arya
Department of Commerce
Government Degree College Sainj,

Principal
Government Degree College Sainj,
Himachal Pradesh

Name of the Activity/ Event: Financial LiteracyDate: 25.10.2024

Student Participants' Attendance Performa

Sr. No.	Name	Roll No.	Class	Signature
1	Dabe Ram	202301300201049	B.A. 2nd Year	<u>Dabe Ram</u>
2	Niraj Kumar	202301300201021	"	<u>Niraj Kumar</u>
3	Priya Kumari	26	B.A. 2nd Year	<u>Priya</u>
4	Sakshi Thakur	32	B.A. 2nd Year	<u>Sakshi</u>
5	Thakur Datta	56	BA 2nd Year	<u>Thakur</u>
6	Yashvinder Singh	44	BA 2nd Year	<u>Yashvinder</u>
7	Hemlata	50	"	<u>Hemlata</u>
8	Manju	51	"	<u>Manju</u>
9	Anita	47	"	<u>Anita</u>
10	Urmila	40	"	<u>Urmila</u>
11	Bhima Devi	48	"	<u>Bhima Devi</u>
12	SURAJ	20230130020058	"	<u>Surya Chandra</u>
13	Radhika	202413002040002	B.Com 1st	<u>Radhika</u>
14	Diksha	20 03	B.A 1st Year	<u>Diksha</u>
15	Narayan	202413002040001	"	<u>Narayan</u>
16	DINESH KUMAR	20230130201058	"	<u>DINESH</u>
17	Parvati Devi	202301300201022	"	<u>Parvati Devi</u>
18	Pooja Devi	202301300201062	"	<u>Pooja</u>
19	Anita Devi	202413002010001	"	<u>Anita</u>
20	Ankita Bhatt	202413002010002	"	<u>Ankita</u>
21	Chandravati	202413002010004	"	<u>Chandravati</u>
22	Hem Lata	202413002010006	"	<u>Hem</u>
23	Indu Chauhan	202413002010008	"	<u>Indu</u>
24	Bintu		"	
25	Seema Devi	202413002010026	"	<u>Seema</u>
26	Sapna	202413002010019	"	<u>Sapna</u>

VandanaOrganiser
Dr. VandanaPrincipal
Govt. Degree College
Kullu (175134)
Principal
GC Sainj

Sr. No.	Name	Roll No.	Class	Signature
27	Riton	202413002010017	B. A. 1st	
28	Gopal	202301300204002	"	
29	Pooja	202413002010015	"	
30	Anu Kumari	202413002010028	"	Anu Kumari
31	Bhoma	202301300204001	B. Com 3rd	
32	Kashish Parna	202413002010011	B. A. 1st	
33	Vinod Kumar	202413002010026	"	
34	Nitish Prakash	202413002010012	"	
35	Kanta	202413002010009	"	
36	Srinjan Talwar	202413002010021	"	
37	Subhash	202413002010022	"	
38	Chundri	202413002010031	"	
39	Tara Devi	202413002010024	"	
40	Raksh Kumar	202413002010025	"	
41	Rashan Lal	202413002010036	"	
42	Vaaru	202413002010038	"	Vaaru
43	Saurav Rana	202413002010037	"	
44	Bintu	202413002010063	"	
45	Dolma Devi	202413002010050	"	
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Chandana
 Organiser
 Dr. Chandana

Principal
 GC Saini



Govt. College Sainj (H.P.)
College Activity



Sr. No.	Particular	Remarks
1	Date / दिनांक	19.02.2025
2	Name of Activity/	Foundational Financial Literacy and Investor Awareness through SEBI's Investor Certification Examination
3	Name of Unit/Agency/Department Organizing the Activity	Department of Commerce
4	Name of Collaborating Agency (If Any)	IQAC
5	No. of Student Participants	51
6	No. of Teacher Participants	05
7	Brief Report सादित प्रदिवेिन	 <p>Department of Commerce in collaboration with IQAC and KRISHA Foundation through BSE Ltd. Conducted a one-day workshop on “Financial Literacy”. Dr. Ajay and Dr. Sarabjit were the keynote speaker. The students were informed about the importance of Savings and Investment. It was a useful session as students learned a lot.</p>

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Organizer

Dr. Vandana Arya
Department of Commerce
Government Degree College Sainj,

Principal
Government Degree College Sainj,
Himachal Pradesh

Date & Time: 19.02.2025 Name of the Institution: Government College (SAINT) Himachal Pradesh

DETAIL OF PARTICIPANTS OF THE - BSE'S SKILL DEVELOPMENT PROGRAM

STATE: HIMACHAL PRADESH

Sr. No.	Name of the Participants	Gender M/F	Age	Program	District	Mobile	Email ID	Signature
1	Panshama	Female	20	BA 1st year	Kullu (HP)	8091025425	negidshp00@gmail.com	Panshama
2	Janishi Devi	Female	19	BA 1st year	Kullu (HP)	7559768292	tyoti368@gmail.com	Janishi
3	Vinik Kumar	Male	19	BA 1st year	Kullu (HP)	7876829202	bobby60957@gmail.com	Vinik
4	Janishi Devi	Female	20	BA 2nd year	Kullu (HP)	81529815576	prishkshah@gmail.com	Janishi
5	Nusma Devi	Female	19	BA 1st year	Kullu (HP)	8219809991	nusmahakur20@gmail.com	Nusma
6	Banika Kumar	Female	19	BA 1st year	Kullu (HP)	9816107158	Banikatakumair190@gmail.com	Banika
7	Sarvya Chauhan	Female	19	B.A. 2nd year	Kullu (HP)	9650022057	Sarvyachauhan65@gmail.com	Sarvya
8	Shalin	Female	19	B.A. 2nd year	Kullu (HP)	9459763866	mekhshah4hs@gmail.com	Shalin
9	Hemlata	Female	20	B.A. 2nd year	Kullu (HP)	82398-37439	lekh5197@gmail.com	Hemlata
10	Riya Devi	Female	18	BA 1st year	Kullu (HP)	8580478564	riyato911@gmail.com	Riya
11	Simson Thakur	Female	19	BA 1st year	Kullu (HP)	8091973006	simsonthakur056@gmail.com	Simson
12	Radhika Sharma	Female	18	5 Sem year	Kullu (HP)	9805639895	radhikasarma@gmail.com	Radhika
13	Anchal Goswami	Female	19	BA 1st year	Kullu (HP)	9091732597	Anchalgoswami197@gmail.com	Anchal
14	Poojati Devi	Female	19	BA 1st year	Kullu (HP)	7807872909	Poojatisingh23@gmail.com	Poojati Devi
15	Kanika	Female	19	BA 2nd year	Kullu (HP)	8091938253	Ky988486@gmail.com	Kanika
16	Deepa	Female	19	BA 1st year	Kullu (HP)	9330787820	deepamishra03@gmail.com	Deepa
17	Rohit	Male	18	Ba 1st year	Kullu (HP)	8091922405	unsubscribed819@gmail.com	Rohit
18	Rakesh Kumar	Male	18	BA 1st year	Mandi (HP)	844101006	Rakesh16971@gmail.com	Rakesh
19	Fishish Kumar	Male	18	BA 1st year	Kullu (HP)	8091575790	aashishkumar5703@gmail.com	Fishish
20	Rashish Rana	Female	18	BA 1st year	Kullu (HP)	7876920580	gaurav.kashishrana16@gmail.com	Rashish
21	Rena Devi	Female	20	BA 3rd year	Kullu (HP)	8279793859	reenadevilerena74@gmail.com	Rena
22	Kanta Devi	Female	17	BA 1st year	Kullu (HP)	78859-67749	spanu92550@gmail.com	Kanta
23	Mamta Thakur	Female	18	BA 1st year	Kullu (HP)	82193-00283	mt1267600@gmail.com	Mamta

Disclaimer: By providing your attendance and contact details, you authorize Krishna Foundation and BSE to collect any data and/or certificates related to the exams you have appeared for from NISM.

9.02.2025

DETAIL OF PARTICIPANTS OF THE - BSE'S SKILL DEVELOPMENT PROGRAM
 Government College (Privy Hunaral Pradeesh)
 Hunaral Pradeesh

No.	Name of the Participants	Gender M/F	Age	Program	District	Mobile	Email ID	Signature
24	Jaljit Chankham	Male	23	U6	Kullu	8894613526	lalitelal3@gmail.com	
25	Adarsh	Male	20	U6	Kullu	7876183315	mangy.hakro1707@gmail.com	
26	Shubha	Female	19	U6	Kullu	78769226480	shubha shubha@shilpa2005@gmail.com	
27	Isha Kumari	Female	20	U6	Kullu	9091065895	ishakumari2005@gmail.com	
28	Taha	Female	20	U6	Kullu	70188-36011	hakul@shilpa2005@gmail.com	
29	Hemlata	Female	19	U6	Kullu	8091705910	antali.thakur3012@gmail.com	
30	Geeta	Female	19	U6	Kullu	8091308191	geeta.thakur9177@gmail.com	
31	Rajesh Gai	Male	18	U6	Kullu	7807974005	Rajeshgai8205@gmail.com	
32	Vijay Kumar	Male	19	U6	Kullu	9015285307	vijaykumar.kullu90152@gmail.com	
33	Arun Thakur	Male	22	U6	Kullu	8580374600	arun.t2589@gmail.com	
34	Ansh Kumar Soni	Male	21	U6	Kullu	82195-31544	anshkumarsoni@gmail.com	
35	Himani Thakur	Female	18	U6	Kullu	82190-29077	himani382@gmail.com	
36	Himani Sharma	Female	17	U6	Kullu	9882153377	ms439247@gmail.com	
37	Sudhakar	Male	19	U6	Kullu	8894899118	sudhakar@gmail.com	
38	Rahul Thakur	Male	19	U6	Kullu (HP)	80914-29344	rahulseri76@gmail.com	
39	Vijay Kumar	Male	19	U6	Kullu (HP)	93171-20326	vijaythakur207@gmail.com	
40	Yubraj T	Male	20	U6	Kullu (HP)	8544740560	tsqk67389@gmail.com	
41	Dabe Ram	M	19	U6	Kullu HP	7876448817	sonidaberram01@gmail.com	
42	Jeena Kumari	Male	20	U6	Kullu HP	9817414716	Rishikumar2005@gmail.com	
43	Tamari Bhatt	Male	20	U6	Kullu HP	8672036975	bhatttamari1896@gmail.com	
44	Pritam	Male	18	U6	Kullu HP	9015928849	Rishankhoni80@gmail.com	
45	Naamdeo hal	Male	20	U6	Kullu HP	9805819109	naamdeohal384@gmail.com	
46	Chahal	Male	21	U6	Kullu HP	901572569	e90kolsaini.123	

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