



**Govt. Degree College Sainj**  
**NSS Activity**  
**(Session:2025-26)**



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**7 Day NSS Special Camp**  
**Report**  
**(16 February – 22 February 2026)**

**Introduction**

A seven-day National Service Scheme (NSS) Special Camp was organized by the NSS Unit of Government Degree College Sainj district Kullu, from 16 February to 22 February 2026. The primary objective of the camp was to inculcate a spirit of social service among students, promote environmental awareness, and sensitize rural communities about important social issues. The camp aimed to develop qualities such as discipline, leadership, teamwork, and responsibility among volunteers. Various activities, including cleanliness drives, awareness programmes, expert lectures, and cultural events, were conducted. All volunteers participated actively with great enthusiasm, dedication, and a strong sense of responsibility.

**Day-1**

**Monday, 16<sup>th</sup> February 2026 (Opening Ceremony)**

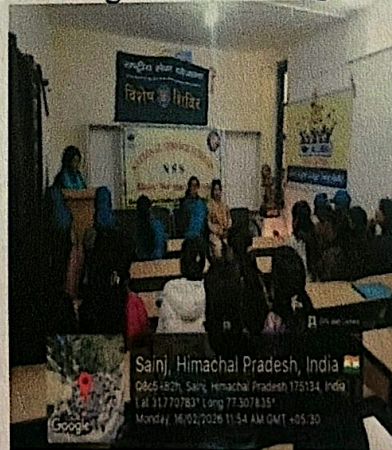
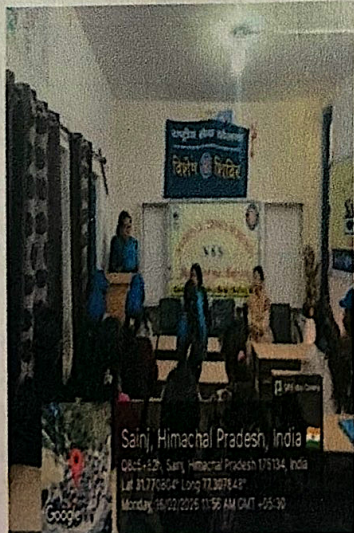
The seven-day NSS Special Camp, based on the theme “Youth for My Bharat,” was inaugurated by the Chief Guest **Dr. Sujata, Principal**. The NSS Programme Officer, Dr. Shashi Sharma, welcomed the Chief



Guest Dr. Sujata, Dr. Kavita Katoch and the participating NSS volunteers.

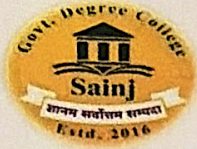


The inaugural session began with



the lighting of the lamp and Saraswati Vandana. In her address,

सैनज महाविद्यालय में  
एनएसएस शिविर शुरू  
लारजी (कुल्लू)। राष्ट्रीय सेवा  
योजना (एनएसएस) शिविर  
केवल एक  
प्राचार्य ने कैप नहीं,  
किया बल्कि  
शुभारंभ, 25 व्यक्ति स्व  
स्वयंसेवी ले वि का स,  
रहे हैं भाग समाज और  
राष्ट्र सेवा  
का एक महत्वपूर्ण मंच है। यह  
वार्ता राजकीय महाविद्यालय सैनज  
की प्राचार्य सुजाता ने कही।  
महाविद्यालय में एनएसएस का  
सात दिवसीय विशेष शिविर का  
शुभारंभ प्राचार्य डॉ. सुजाता ने  
किया। शिविर में 25 स्वयंसेवी  
भाग ले रहे हैं। इसका उद्देश्य  
विद्यार्थियों में सेवा एवं सामाजिक  
जिम्मेदारी की भावना का विकास  
करना है।  
एनएसएस के कार्यक्रम  
अधिकारी डॉ. शशि की अध्यक्षता  
में शिविर शुरू हुआ। उन्होंने स्वयं  
सेवियों को शिविर के उद्देश्यों,  
कार्यक्रम की रूपरेखा तथा  
निर्धारित गतिविधियों की  
जानकारी दी।  
प्राचार्य डॉ. सुजाता ने स्वयं  
सेवियों को उत्साह, अनुशासन  
और समर्पण के साथ सभी  
गतिविधियों में भाग लेने के लिए  
प्रेरित किया। इस दौरान संकाय  
सदस्य सुरेश कुमार, डॉ. कविता  
कटोच, होशियार सिंह आदि  
उपस्थित रहे। संवाद



## Govt. Degree College Sainj NSS Activity (Session:2025-26)



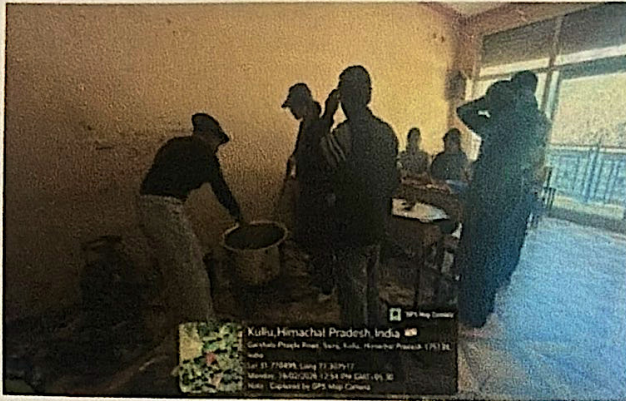
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Dr. Sujata highlighted the importance of NSS in shaping the overall personality of students.



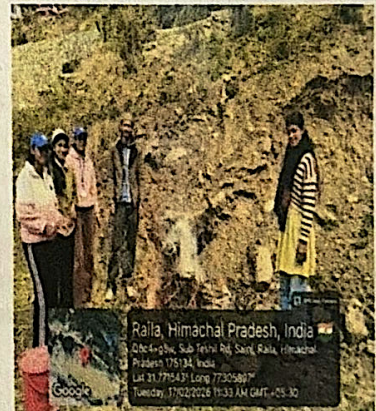
She emphasized that NSS is not merely an academic activity but a platform for developing leadership qualities, discipline, teamwork, and a sense of social responsibility. She motivated the volunteers to actively participate in all activities and contribute meaningfully to society. During the session, NSS President Anchal explained the importance of the camp, the role of volunteers, the schedule, and the tasks to be performed.

Volunteers were also informed about the rules, duties, dress code, and other essentials. A total of 25 volunteers participated in the camp. They were divided into five groups—Seva Sankalp, Panch Seva Sathi, Shikhar, Yuva Shakti, and NSS Green Army—and group leaders were selected. The day concluded with a cleanliness drive in the college campus, promoting the spirit of selfless service and voluntary work.

### Day-2

**Tuesday, 17 February 2026**

The second day of the camp was organized with a focus on cleanliness, teamwork, and responsibility. Volunteers assembled on time and were divided



into five

groups, each assigned specific duties. Group No. 1 managed the mess efficiently and ensured proper hygiene and discipline in food arrangements. The remaining groups conducted a cleanliness drive across the campus. Volunteers actively participated in sweeping,



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collecting waste, and disposing it at designated places, thereby creating a clean and organized environment. In the afternoon, Mr. Darshan Paul, President of Youvah addressed the volunteers and delivered an insightful lecture on the objectives, importance, and working of NSS. He emphasized that NSS is a powerful medium for personality development, leadership building, and social responsibility. His motivational words inspired the volunteers to work selflessly for the betterment of society. The day ended successfully with valuable learning and practical exposure.



### Day 3

Wednesday, 18 February 2026

The day began with a Prabhat Pheri, during which volunteers spread awareness about cleanliness,



discipline, and social responsibility in the local community. Group No. 2 managed the mess efficiently. After breakfast, volunteers visited the Channi area, where they carried out

weeding and maintenance of previously planted saplings, strengthening their understanding of environmental conservation. In the afternoon session, C.R Thakur (SHO) attended as a resource person and delivered a lecture on road safety. He explained traffic rules, safety measures, and precautions to be





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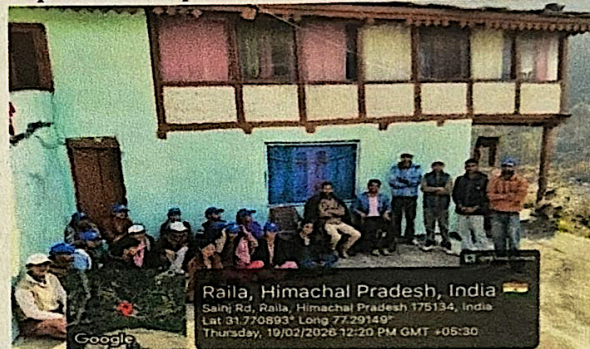


followed while using roads. The session was informative and helped create awareness among volunteers. The day concluded with enhanced understanding of environmental and civic responsibilities.

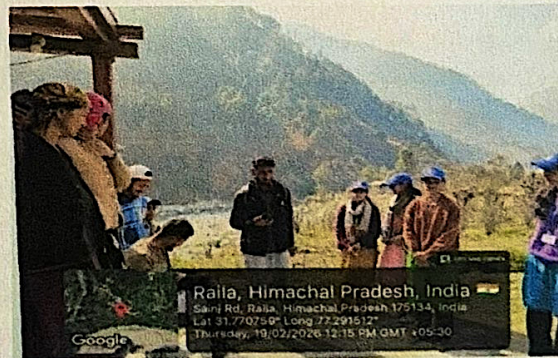
## Day 4

**Thursday, 19 February 2026**

The day began with a temple visit, bhajan-kirtan, and group exercises, creating a positive atmosphere. Group No. 3 managed the mess efficiently.



After tea, volunteers visited Bakshal Village to conduct an awareness programme. They interacted with villagers and raised awareness about cleanliness, education, and the harmful effects of drug addiction. They encouraged villagers to maintain hygiene, ensure regular



schooling for children, and avoid substance abuse. The villagers appreciated the efforts of the volunteers. In the evening, a Talent Round was organized where volunteers showcased their talents

through songs, dance, and poetry, creating a lively atmosphere.



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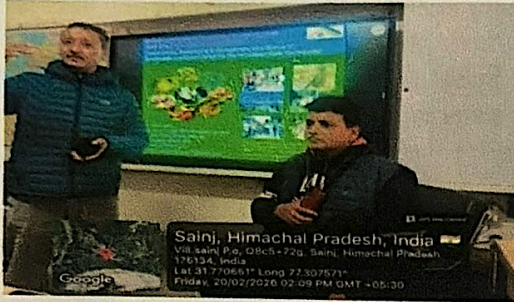
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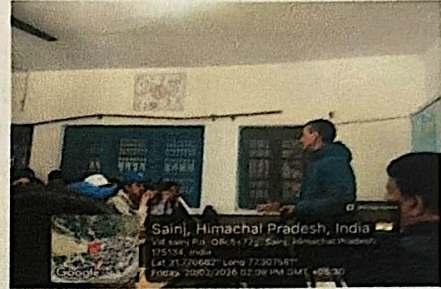
**Day 5**

**Friday, 20 February 2026**

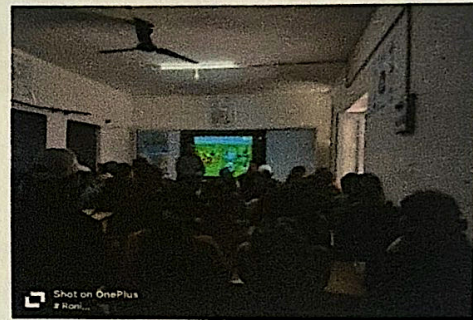
The fifth day began with enthusiasm and discipline. Group No. 4 managed the mess duties responsibly. A Prabhat Pheri was conducted to spread awareness about cleanliness and education. Professor Suresh Kumar delivered a thought-provoking lecture on social



issues such as drug abuse, illiteracy, discrimination, and the dowry system. He



emphasized the role of youth in eliminating these evils. In the afternoon, a resource person Dr. Ashok conducted an informative session on beekeeping (apiculture). The session covered the life cycle of honeybees, honey production, and its economic importance. Volunteers learned that beekeeping can be a profitable source of income and plays a vital role in pollination and ecological balance. The session was highly engaging and informative.



**Day 6**

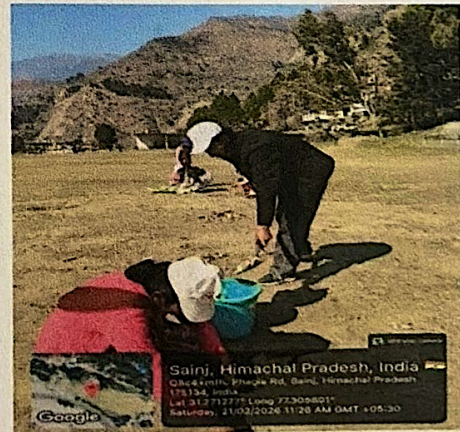
**Saturday, 21 February 2026**

The day began with a group discussion on discipline, time management, and work distribution.



Group No. 5 efficiently managed the mess. Volunteers then gathered near Bine Temple and performed shramdaan (voluntary service) by cleaning the area and removing stones.

This activity strengthened teamwork and the spirit of service. In the afternoon, representatives from



the Great Himalayan National Park (GHNP) delivered a session on



biodiversity, wildlife conservation, and



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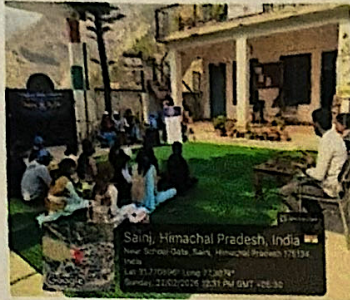
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environmental protection. Volunteers gained valuable knowledge and were motivated to protect nature. The day concluded with a Talent Round, creating a vibrant environment.

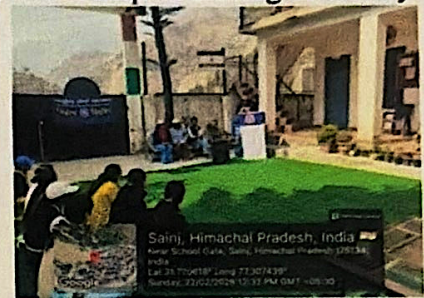
**Day 7**

**Sunday, 22 February 2026 (Closing Ceremony)**

The final day marked the successful completion of the NSS Special Camp. A closing ceremony



was organized where volunteers shared their experiences and learnings. The Programme Officer



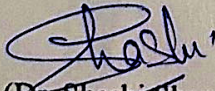
discipline, and hard work of words of encouragement were social service. The camp leaving a lasting impact on all participants.

appreciated the dedication, all volunteers. Certificates and given to motivate them for future concluded on a positive note,

**Conclusion**

The NSS Special Camp was a highly enriching and inspiring experience for all volunteers. It helped develop qualities such as discipline, teamwork, leadership, and social responsibility. Through various activities like cleanliness drives, awareness programmes, and expert lectures, volunteers gained practical knowledge and a deeper understanding of social and environmental issues.

The camp strengthened the bond among volunteers and created a positive impact on the community. It inspired students to actively contribute to society and work towards a better and sustainable future.

  
(Dr. Shashi Sharma)  
NSS Program Officer

  
Principal  
GDC Sainj




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Govt. Degree College Sainj  
List of 25 Students Who Participated in The Seven Day NSS  
Special Camp  
Session: 2025-26

Sr. No.	Name	University Roll No.	Class	Signature
1	Amit Kumar	202301300201046	B.A 3 <sup>rd</sup> Year	Amit
2	Rahul Thakur	202301300201053	B.A 3 <sup>rd</sup> Year	Rahul
3	Kirna	202301300201013	B.A 3 <sup>rd</sup> Year	Kirna
4	Ritika	202301300201028	B.A 3 <sup>rd</sup> Year	Ritika
5	Chavitri	202301300201006	B.A 3 <sup>rd</sup> Year	Chavitri
6	Arun Kumar	202301300201004	B.A 3 <sup>rd</sup> Year	Arun Kumar
7	Neha Thakur	202301300201010	B.A 3 <sup>rd</sup> Year	Neha Thakur
8	Prabha	202301300201010	B.A 3 <sup>rd</sup> Year	Prabha
9	Vijay Kumar	202413002010051	B.A 2 <sup>nd</sup> Year	Vijay Kumar
10	Mamta Thakur	202413002010052	B.A 2 <sup>nd</sup> Year	Mamta Thakur
11	Ritika	202413002010018	B.A 2 <sup>nd</sup> Year	Ritika
12	Vivek Kumar	202413002010045	B.A 2 <sup>nd</sup> Year	Vivek Kumar
13	Muskan	202413002010010	B.A 2 <sup>nd</sup> Year	Muskan
14	Rohit Thakur	202413002010046	B.A 2 <sup>nd</sup> Year	Rohit
15	Shivani	202413002010027	B.A 2 <sup>nd</sup> Year	Shivani
16	Govinda Devi	202413002010005	B.A 2 <sup>nd</sup> Year	Govinda Devi
17	Parvati Devi	202413002010022	B.A 2 <sup>nd</sup> Year	Parvati Devi
18	Pooja Devi	202413002010062	B.A 2 <sup>nd</sup> Year	Pooja Devi
19	Bavita	202413002010041	B.A 2 <sup>nd</sup> Year	Bavita
20	Kamlesh	25401044	B.A 1 <sup>st</sup> Year	Kamlesh
21	Rani	25401036	B.A 1 <sup>st</sup> Year	Rani
22	Urmila	25401008	B.A 1 <sup>st</sup> Year	Urmila
23	Anjali	25401007	B.A 1 <sup>st</sup> Year	Anjali
24	Aman	25401068	B.A 1 <sup>st</sup> Year	Aman
25	Priya Thakur	25401035	B.A 1 <sup>st</sup> Year	Priya Thakur

  
(Dr. Shashi Sharma)  
NSS Program Officer

  
Principal  
GDC Sainj